



Backpacks to Briefcases

Preparing students

for life after college



12 - 1 PM (EST)

2024

A PROFESSIONAL DEVELOPMENT
SERIES DESIGNED TO PREPARE STUDENTS FOR
VARIOUS TRANSITIONAL SKILLS BEYOND COLLEGE.

The series incorporates several fun and
interactive hands-on workshops with a focus
on practical application of skill development.

JAN. 26 MAR. 5

Student
Services
Room 110

“BUILDING A PROFESSIONAL IMAGE”

Please join us for an interactive workshop focused on “Building Your Professional Brand”. The workshop will provide strategies on building your professional image and strategies to perform well in all types of professional environments. The workshop provides an interactive approach to creating and building your professional brand as a student, leader, and professional.

Collaborative Partner:

FEB. 2

Click the link to join
virtually at
[https://zoom.us/join/register/tJMpce6vpj0vH9W4WV_EMll86E921tPmTEQK](https://zoom.us/join/https://zoom.us/join/register/tJMpce6vpj0vH9W4WV_EMll86E921tPmTEQK)

MANAGING YOUR MONEY

Collaborate with MSUFCU and gain financial literacy. Cover topics like understanding credit, investing, budgeting, and long-term financial planning. Prepare yourself for financial success after graduation. Collaborative Partner: Michigan State University Federal Credit Union (MSUFCU)

FEB. 23

Brody Dining Hall
Demonstration
Kitchen

COOKING WITH THE PROS

Join us as we host an interactive cooking demonstration. The cooking demonstration will provide a demonstration from start to finish on determining a cooking menu, meal prep, cooking on a budget without compromising taste. The cooking demonstration will provide you meal options to better enhance a lifestyle of healthy eating. Demonstration via Eat AT State” Facebook page. Collaborative Partner: MSU Culinary Services

MAR. 8

Student
Services
Room 110

SPARTAN REFRESHER

Refresh and rejuvenate with Meg Moore as she shares insights on self-care and lifestyle choices. Enjoy self-care activity stations and explore the balance between lifestyle and actions. The event aims to foster a holistic approach to well-being. Collaborative Partner: Meg Moore

MAR. 22

1001 STEM
Building and MSU
Transportation
Services by the
Stadium

SECURING, MANAGING, AND MAINTAINING A CAR

Please join us for a comprehensive car workshop. We will cover everything from determining if you need a car, how to look for and purchase a new car, and how to secure financing for a new car. The workshop will also provide a practical application workshop on car maintenance. Please join us for this inside look at managing car workshop. Collaborative Partner: MSU Transportation Services and Shaheen Chevrolet

For questions, please email Jakaira Lynn at lynnjaka@msu.edu

